



SUPPORT SERVICES



care | protect | act

Child Protection Hotline
13 21 11 (24 hours/7 days)

NSW Police Emergency
000 (24 hours/7 days)

NSW Victims Access Line: 1800 633 063

NSW Victims Support Scheme:

www.victimsservices.justice.nsw.gov.au

Counselling, financial support and a recognition payment to victims of a violent crime in NSW.

Child Wise
1800 991 099

Phone and online counselling for all forms of childhood abuse - www.childwise.org.au



Beyond Blue: 1300 224 636

Information and support for mental health.
www.beyondblue.org.au



Headspace: Free counselling services to help young people with mental health, physical health (including sexual health) alcohol and other drug services - headspace.org.au/



Kids Helpline: 1800 551 800.

24/7 phone and online counselling for young people aged 5-25.

www.kidshelpline.com.au



Lifeline: 13 11 14

Crisis support 24/7.
www.lifeline.org.au



Link Up NSW
Aboriginal Corporation
1800 624 332

(not available to mobiles) or **02 9421 4700**. Counselling, healing and culturally appropriate support for Indigenous Australians - www.linkupNSW.org.au



MensLine Australia
1300 789 978

Phone/online support.
www.mensline.org.au



Youth Beyond Blue
1300 224 636

Information and support for young people about issues associated with mental health conditions.
www.youthbeyondblue.com



ABUSE OF ELDERLY / DISABLED

NSW ageing and disability Abuse Hotline
1800 628 221

BULLYING

Bullying No Way:
bullyingnoway.gov.au/



DOMESTIC VIOLENCE

Domestic Violence Line: 1800 656 463

1800 Respect: 1800 737 732
www.1800respect.org.au/



Services Australia
www.servicesaustralia.gov.au/family-and-domestic-violence



ONLINE SAFETY

eSafety Guide: <https://www.esafety.gov.au/>



SEXUAL ABUSE

NSW Rape Crisis: 1800 424 017

Health Sexual Assault Services.
www.health.nsw.gov.au/

Sexual Assault Counselling Australia
1800 211 028. Telephone counselling.
www.sexualassaultcounselling.org.au

Bravehearts Inc
1800 272 831

Advice and support to those affected by sexual assault.
www.bravehearts.org.au



Blue Knot Foundation
1300 657 380. For adult survivors of child abuse. blueknot.org.au



Survivors and Mates
Support Network
1800 472 676.

For male survivors of childhood sexual abuse and their families.
www.sexualassaultcounselling.org.au



Interrelate: 1300 473 528
Counselling and support for those affected by institutional child sexual abuse. www.interrelate.org.au



SEXUAL HARASSMENT

Sexual harassment | SafeWork NSW
www.safework.nsw.gov.au/hazards-a-z/sexual-harassment

